



Evoke Coaching

Evoke provides customized telehealth Coaching for individuals, parents, couples, and families. Our coaches help our clients to translate therapeutic concepts into daily practice. Evoke's attachment-focused Coaching services are designed to challenge, inspire, and give our clients a foundation of increased confidence, self-awareness, and purpose in relationships and self-development. Our coaches can help clients navigate many aspects of life, including:

- Parenting Issues
- Mental health or addiction challenges
- Complex relationships
- Co-dependency
- Difficulty communicating effectively
- Navigating big life transitions and decisions
- Reintegrating from the wilderness and other treatment settings to the home

The word 'evoke' is written in a large, stylized font. The letters are filled with a landscape image of a red rock canyon. The top portion of the letters is a solid blue color, while the bottom portion is the canyon landscape. The background of the entire page is a photograph of a red rock canyon with sparse vegetation.

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Our coaches will work with Educational Consultants, home therapists, treatment programs, and other providers to ensure clients are receiving the help that compliments the support that these professionals are providing. They will also supply clients with ongoing recommendations for other sources of support such as books, podcasts, and support groups.

Traditional wrap-around coaching and mentoring programs require contracts with lengthy time commitments. Our sessions are billed hourly, on a week-to-week basis, so participants pay only for the services they receive. Participants of our program have access to the following:

- Family, Parent, & Individual Coaching
- Phone (or video conferencing as schedule allows)
- Access to live (twice weekly) and archived webinars indefinitely
- Free attendance at Evoke's regional support groups



Please call or
email us for more
information:

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evoke

